

# INSPIRE PROGRAM



Welcome to the INSPIRE newsletter! This newsletter was designed with the intent of updating members of previous events, provide information on upcoming programs, and provide local resources. Thank you for staying connected with INSPIRE program !

## Vision Board Party

On January 7th, INSPIRE hosted a vision board party for our clients and staff. Report cards were rewarded with prizes & each family received a laundry basket with cleaning supplies.



## February Events



Indianapolis is holding a plethora of events in the upcoming month. Here are a few programs happening near you!

### Prioritize Your Dating + Relationship Goals in 2023 | Indianapolis

Tue Feb 7  
Virtual

<https://www.eventbrite.com/e/prioritize-your-dating-relationship-goals-in-2023-indianapolis-tickets-480290932107?aff=ebdssbdstsearch>

### 2023 Daddy Daughter Sneakerball

Sun, February 26 6:00 PM  
The Silver Centre Event Hall 10202 E.  
Washington St. Indianapolis, IN 46229

### Mommy & Me: Tummy Time Tuesday

Tuesdays 10:00 - 10:45 am  
January 24th, 31st Feb 7th and 14th  
Neuroilly Solutions 11721 Olio Road Office 15  
Fishers, IN 46037

### How to Overcome Stress and Perform at Your BEST—Indianapolis

Virtual  
Feb 11  
<https://shawncarpenter.com>

## Resources

Please keep an eye out for future news and events! Contact us for more information .

☎ 317-766-1438

✉ [INSPIRE@lutheranfamily.org](mailto:INSPIRE@lutheranfamily.org)

📍 1525 N Ritter Ave, Indianapolis, IN 46219



More Events in Indianapolis

SCAN ME



## Pantry

The Sharing Place is a food pantry for zip codes **46216, 46218, 46219, 46220, 46226, 46235, 46236, 46250, and 46256.**

Find out more  
<https://www.lutheranfamily.org/what-we-do/sharing-place-food-pantry.html>