



Trinity House

Independent Living Group Home



Trinity House Group Home serves males ages 14-21 who will soon age out of the foster care system. The group home is located on the Southeast corner of Lutheran Child and Family Services' campus. Accommodating up to 10 young men, the home is designed to teach the skills necessary to become an independent adult.

Trinity House offers a high level of structure in a substance free, family-style environment to guide and support residents as they reintegrate into the community and become independent for the first time. A Life Skills Specialist teaches the residents skills necessary to thrive in our community. Staff are on duty at Trinity House 24/7. The average length of stay is 6-12 months.

Trinity House Group Home offers **Therapeutic Services** to each young man. Individual, group and family therapy are made available, and specialized counseling is provided to those with drug or alcohol abuse issues.

Trinity House Group Home provides programming that focuses on a variety of activities, including:

- **Independent Living:** Residents learn how to find a job, search for an apartment, shop, cook, do laundry, practice proper hygiene, clean a house, and maintain a yard.
- **Education:** All residents attend school or are working toward their High School Equivalency. Tutoring and college prep is available to young men who require additional supports to reach their academic goals
- **Accessing Community Resources:** Trinity House youth learn how to navigate bus lines, get a driver's permit, and use the public library, community centers, and neighborhood clinics.
- **Self Care:** Residents are educated on self care issues that include healthy relationships, nutrition, medication management, sex, contraception and substance abuse.
- **Recreation:** Living in a residential neighborhood allows for a sense of normality. Many days Trinity House residents can be found playing basketball on the premises or grilling out in the backyard —just like at home.
- **Job Training:** Intensive training is given to all residents on how to get and keep a job. Many youth are working part-time jobs while also working on their academic goals.
- **Community Involvement:** Making connections with a variety of community groups helps Trinity House Youth build social capital. Organizations that have participated in the past have included: Christian Theological Seminary, the Indianapolis Colts and Eastern Star Church.



To learn more at Trinity House Group Home contact
Sarah Tinnell, Referral Relations Manager
317-359-5467 ext. 201
STinnell@ecomunity.com
www.lutheranfamily.org

Diversity and inclusion are core values of Lutheran Child & Family Services and as such our organization commits to continually develop and implement practices, programs and a workforce resembling the clients and communities that we serve.

